



TAKE A BREATHER UK - COVID 19 GUIDELINES: ON-SITE WORKPLACE WELLBEING

With the current COVID-19 outbreak, we wanted to reassure our clients that we have a range of measures in place to help combat the spread of the infection.

1 STAFF SAFETY

All therapists have checked their temperature before arrival and lateral flow test regularly.



2 SELF ISOLATING

All therapists shall self isolate for a minimum period of 5 days if they test positive for Covid-19 and will only return to work after showing 2 x consecutive negative lateral flow test. No treatment will take place if the therapist is feeling unwell. A replacement date or therapist shall be arranged.



3 CLEANLINESS

We can ensure that the following actions are being taken for every visit and massage session.

- Fresh cradle covers and couch roll are used for every client and disposed of safely.
- All surfaces, massage table, & chair are wiped down with antibacterial spray between every client.
- Hand sanitiser is used before every session.
- A type II face mask shall be worn by the therapist during the treatment and contact time around the face will be avoided.

